** PST – 9th Grade **

**Students will value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.**

(Standard #6)

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| **Learning Objectives** | **I Can perform it** | **Still working on it** | **Don’t know how** |
| 1**.** I Can work positively with others in diverse settings and groups. |  |  |  |
| 2. I Canvalue what each participant can do in an activity rather than emphasizing individual weaknesses. |  |  |  |
| 3**.** I Can recognize students who do not feel included and make a deliberate effort to involve them in activities. |  |  |  |
| 4. I can utilize recreational facilities that are available in my community. |  |  |  |
| 5. I Can enjoy the satisfaction of interacting, participating, and competing with others in physical activities. |  |  |  |
| 6. I can explore/research sports and activities of other cultures. |  |  |  |

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| Fitness Language students should know and use: | diverse, deliberate effort, value |